



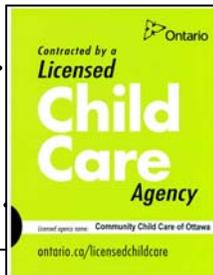
# Community Child Care ~ December 2015

## Provider Meeting

The November 18 provider meeting resulted in interesting discussions about the legislative and regulatory changes and how they affect us in our work.

Included in this mailing you will find a table listing the major changes. It is a revised version of the information we distributed at the meeting. If you have any questions about any of the changes, don't hesitate to call the office or speak to your advisor and we will answer or try to find out if we don't know.

**Do you have your decal yet?**



## Fall Drop-in

Turnout was lighter than usual for our annual fall drop-in for pre-schoolers October 22. Nonetheless, the children who came had fun building with cardboard bricks, reading stories and shaping playdough. Snack was bananas and bagels with cream cheese and jam.

## First Aid

Congratulations to our 17 providers who upgraded their qualification to Standard First Aid and CPR in the course that ran from October 14 to November 4, 2015. Winner of the First Aid kit door prize was Georgina Paquette.

Part of the new regulations required that all providers and staff be qualified to the Standard level before September 2016. Standard First Aid/CPR requires attendance either four evenings or two full days. There is a test component.

The agency is planning to offer courses in the new year, one on weekend days, the other on evenings. If none of the courses the agency offers suit your schedule, you must arrange for training on your own and provide your certificate to the agency before August 31, 2016.

## Provider and Family Recruitment Drive

You may have noticed flyers and postcards around the community. As part of the province's push to bring more children into licensed care, we are trying to tell independent providers and families about all the advantages of working with the agency. If you know anyone who lives west of Woodroffe and would like to know more about us, please give them our phone number or tell them about our meetings.

Don't worry, we know many of you have spaces available. We are also looking for new families to fill those spaces, and are hoping any independent providers will already have some of their spaces filled privately.



## Community Child Care Has a Facebook page!

Have you seen our Facebook page? Please like us and then send us suggestions for things you would like us to post on it. Until we are more comfortable with this leap into the social media world, all posts to our page have to be approved, but we would love to have your input.

## We're Back on Track!

Join us for Coffee Connections December 10, 2015 from 6:30 to 8:30 at the Western Ottawa Community Resource Centre. Let's plan topics, locations and tentative dates to get together over the winter and spring.



## School Holidays

The last day of school is December 18, 2015; the first day back to school is January 4, 2016.

## Statutory Holidays:

**Friday, December 25, 2015**  
**Monday, December 28, 2015**  
**Friday, January 1, 2016**

*If your parents require care ask them to contact the office to have it approved.*

## Office Closure

The Community Child Care office will be closed from noon, December 24, 2015 until 8:30 a.m. January 4, 2016. We will be checking our voice mail so call and leave us a message and one of us can get in touch with you.

As always, if you have an emergency with children in your care, call the after-hours emergency number.



## EBooks vs. Paper Books Which should I use?

The Canadian Pediatric Society recommends zero screen time for children under 2 and limited screen time for children over the age of 2. They also recommend reading to your child from birth. But what about eBooks? Are they considered screen time or story time?

EBooks are engaging, educational and very popular with young children. However, some books may be *too* interactive and can hinder learning since the

child is focused on pressing the buttons.

Research has shown that no matter which format you choose, reading together using the dialogic reading method (interacting during reading), will result in better understanding of the story and lead to more learning in general.

It is recommended to read to your child with paper books first so that they have the opportunity to learn about the physical concepts of a real book (holding it up, turning the pages, etc). As they get older and begin to show an interest in electronics, try reading some of their favorite titles with an eBook version. As a parent, you know your child best. Choose the format that works well for you and your child. **Happy reading!**

*From the Parent Resource Centre Fall 2015 Newsletter. You can find lots of excellent information on their website at [parentresource.ca](http://parentresource.ca)*



## Outdoor Ideas from Pennsylvania's Promise for Children

**Go on a treasure hunt!** Using a bucket, basket, or even a cup, explore the park, a walking trail, or the back yard and hunt for nature's treasures, such as pine cones, acorns, sticks, small rocks, or leaves. As your children collect different items, help them identify the item and where it came from. Gather different items for younger children and place them in their hand or near them to grasp, describing the different textures.

Using items from outside, such as leaves, acorns, pine cones, or sticks, ask the children to compare them., Sort discuss the items together, talking about: Which item is larger? Which is smaller? Where did it come from? How did it get to where you found it? different shapes and sizes of one item (such as several acorns).



Help your children **draw a map** of a favorite outdoor location. Show them a regular map (from a local telephone book or library) and explain that each location has a name, and provides a path (roads) for getting from one place to the next. Show them landmarks (airports, parks, hospitals, etc.) on the map and explain that they are important places on a map. Accompany them around a favorite outdoor place and encourage them to draw paths and landmarks. For example, make a path from the landmark of the porch to the landmark of the swing. Add new words to their vocabulary by describing the sights, sounds and smells.

Ask your children to **stop and listen**, just for a minute. What do you hear? There may be birds singing, dogs barking, a car starting up, sirens, a school bell, the wind in the trees... Help the children identify the noises, and where they are coming from. Can you find the birds up in a tree? Which car started its engine? Where is the dog? Why can't you see what is making the siren sound or the school even if you can hear them? Can you see the wind making the tree branches sway as well as hear the sound?



*You can find more ideas or sign up for Pennsylvania Promise for Children newsletters on line at [papromiseforchildren.com](http://papromiseforchildren.com).*